

First B.A.M.S. (2021) Examination, Summer - 2024 Phase - II

SAMHITA ADHYAYAN - I

Total Duration : Section A+B = 3 Hours

Section - B Marks : 80

SECTION - B

- Instructions :**
- 1) Use black ball point pen only.
 - 2) **Do not** write anything on the **blank portion of the question paper.** If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) **All questions are compulsory.**
 - 4) The number to the **right** indicates **full marks.**
 - 5) Draw diagrams **wherever** necessary.
 - 6) Distribution of syllabus in Question Paper is only meant to cover the entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
 - 7) Use a common answer book for section B.

2. लघुत्तरी प्रश्न :

[8 × 5 = 40]

a) चिकित्सा चतुष्पाद कोणते? प्रत्येकाचे गुणधर्म लिहा.

Mention chikitsa chatushpada. Describe the characters of each one.

b) अभ्यंगाचे फायदे सांगून स्वास्थ्यरक्षणामध्ये महत्त्व लिहा. तसेच अभ्यंगवर्ज्य अवस्था लिहा.

Write the benefits of 'Abhyanga' and its importance in maintenance of health. Mention the conditions in which Abhyanga is contraindicated?

c) शरद ऋतुमध्ये सेवनीय आहार व विहार लिहा.

Describe the dietary and behavioural regime for 'Sharada ritu.

d) वातकालाकलीय अध्यायानुसार वातशामक चिकित्सा शरीरावर काय परिणाम करून वातादोषांचे शमन होते?

Explain how vata pacifying treatment acts on body to pacify 'Vatadosha' according to 'Vatakalakaleeya' chapter.

e) चरकसंहितेनुसार सामान्य व विशेषाच्या व्याख्या स्पष्ट करा.

Describe the definitions of 'Samanya' and 'Vishesha' according to charakasamhita.

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f) शिरोविरेचन करावयाच्या अवस्था कोणत्या? शिरोविरेचनासाठी सांगितलेल्या आठ द्रव्यांची नावे लिहा.

Mention conditions where 'Shirovirechana (Nasya)' is indicated. Mentions eight dravyas advised for 'Shirovirechana'.

g) अम्लरसाची गुणकर्म लिहा.

Describe the properties and action of 'Amla Rasa'.

h) त्रिविधबल प्रकार स्पष्ट करा.

Describe three types of balas.

3. दीर्घोत्तरी प्रश्न :

[4 × 10 = 40]

a) साध्यासाध्यतेनुसार रोगांचे प्रकार लिहून त्यांचे सविस्तर वर्णन करा.

Mention the types of disease based on their prognosis. Explain each type in detail.

b) दिनचर्या म्हणजे काय? दिनर्येतील अंजन, नस्य, धूमपान, व्यायाम यांचे स्वास्थ्यरक्षणासाठी महत्त्व विशद करा.

What is Dinacharya? Explain the role of Anjana, Nasya, Dhoomapana and vyayam in the preservation of health.

c) धातुंची श्रेष्ठ कर्मे कोणती? आश्रयाश्रयी भाव लिहा? धातुच्या वृद्धीची लक्षणे लिहा.

Mention the Shreshtha karmas of each dhatu. Describe Ashrayashrayee bhava. Describe the vriddhi Lakshanas of each dhatu.

d) वेग परिभाषा, प्रकार लिहून पुरीष, अधोवायु, मूत्र, शुक्र या वेगांच्या धारणाने उत्पन्न होणारी लक्षणे व त्यांची चिकित्सा लिहा.

Define vega, Enumerate types of vegas. Describe the signs, and symptoms generated due to suppression of Pureesha, Adhovayu, Mootra and Shukra. Describe the treatment principles of these signs and symptoms.

